



### **Be Devoted**

*Restoring Friendship, Passion, and  
Communion in Your Marriage*

**By Bob Schuchts**

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**Also available as an eBook.**

*“If you are looking to build  
trust, intimacy, joy, and  
passion in your marriage,  
you need this book!”*

**Sr. Miriam James Heidland,  
S.O.L.T.**

*Author of Loved as I Am*

## **BOOK ANNOUNCEMENT**

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## **SCHUCHTS HELPS COUPLES CREATE LOVING RELATIONSHIPS RICH IN TRUST, PASSION, UNITY**

**NOTRE DAME, Ind.**—Drawing from his popular healing conferences, forty years of marriage, and decades of clinical work as a couple’s therapist, bestselling author Bob Schuchts presents his first resource for married and engaged couples and those who desire true love in their relationships: *Be Devoted*.

This highly anticipated guide delivers sound Catholic teaching, rich storytelling, and practical tools for healing, along with psychological insights and expertise to help couples create a relationship that is rich in trust, passion, and unity.

The key to a healthy and passionate marriage is as simple as fostering genuine love and affection, or devotion, according to Schuchts, a retired couple’s therapist and founder of the John Paul II Healing Center. True devotion only develops when both spouses take responsibility for their actions and emotional wounds—something each of us brings to all of our relationships. These wounds, which are often rooted in childhood and past relationships, exist in all of us to some degree, making it difficult for couples to cultivate friendship, resolve conflicts, and build trust.

Drawing on the riches of St. John Paul II’s theology of the body, *Be Devoted* is an essential guide to healing from these wounds within your marriage, while providing practical tools for cultivating unity. The first part of the book focuses on building intimacy, unity, and communion, and the second part offers wisdom and guidance for restoring trust when it is damaged. You’ll find practical tools for cultivating intimacy, resolving conflicts, and restoring sexual passion.

## **ABOUT THE AUTHOR**

Bob Schuchts is the bestselling author of *Be Healed* and *Be Transformed* and the founder of the John Paul II Healing Center in Tallahassee, Florida.

After receiving his doctorate in family relations from Florida State University in 1981, Schuchts became a teacher and counselor. While in private practice, Schuchts also taught graduate and undergraduate courses at Florida State and Tallahassee Community College. Schuchts later served on faculty at the Theology of the Body Institute and at the Center for Biblical Studies, where he taught courses on healing, sexuality, and marriage. Schuchts also was a guest instructor for the Augustine Institute. He volunteered in parish ministry for more than thirty years.

He retired as a marriage and family therapist in December 2014.

Schuchts has two daughters and eight grandchildren. His wife, Margie, died in 2017.

