













# Contents

Introduction .....	1
 January: Seeding .....	6
 February: Light .....	27
 March: Pruning .....	50
 April: Preparing the Soil .....	69
 May: Beginning to Flower .....	91
 June: Transformation and New Life .....	113
 July: Storms .....	135
 August: Fruitfulness .....	155
 September: Harvesting .....	175
 October: Preparing for Winter .....	194
 November: Dormancy and Rest .....	216
 December: Discerning What Is of Value .....	236
Acknowledgments .....	256
Appendix A: Liturgical Colors .....	258

Appendix B: Disposing of Sacramentals and Consecrated Materials .....	260
Appendix C: Daily and Monthly Dedications .....	261
Appendix D: Labyrinths .....	263
Notes .....	266
Bibliography .....	274