

Contents

Foreword by Sister Helena Burns, F.S.P. ix

Introduction xiii

- 1. Chastity**
A Better Sexual Ethic 1
- 2. Virginit**y
Easier Done Than Said 19
- 3. Providence**
A Reason for Reckless Abandon 33
- 4. Dating**
A Road to Marriage 49
- 5. Love**
The Hardest Thing You'll Ever Have to Do 65
- 6. Self-Control**
A Response to the Contraception Controversy 79
- 7. Purity**
Not Your Responsibility 95
- 8. Truth**
The Most Important Part of the Story 113

Acknowledgments 127

Discussion Questions 129

Notes 134