

# CONTENTS

Foreword by Brandon Vogt xi

Introduction: Throwaway Culture and Its Revolutionary Gospel Antidote xvii

## PART I: RETURNING TO OUR ROOTS

1. No Turning Back: Trading Security for Togetherness 3
2. Simplicity, the Path to Authentic Freedom 15
3. Nurturing a Wondrous Love for the Land 30
4. Rediscovering Beauty by Attending to the Transcendent 43
5. Making Home a Priority, a School of Love 57

## PART II: RECONNECTING WITH WHAT MAKES US HUMAN

6. The Five-Hour Dinner: Redeeming the Table with Slow Food 71
7. Holy Hospitality: Welcoming Christ in the Stranger 82
8. Rebuilding Our Broken Communities 92
9. The Internet: Isolator or Community Builder? 105

## PART III: CENTERING OUR DISCONNECTED LIVES AT HOME

10. Generous Love: Discovering Authentic Intimacy 119
11. Living the Gospel, Molly Weasley–Style 130
12. Choosing Hope in a Dark World 140

Conclusion: Beyond the Shire 149

Acknowledgments 153

Reflection Questions 155

Notes 161

Resources 165