Contents

Foreword by Christopher West	ix
Acknowledgments	xi
Introduction	xiii
Chapter 1: Tell Me Who I Am	1
Chapter 2: Show Me My Purpose	12
Chapter 3: Come and Find Me	24
Chapter 4: Mend My Broken Heart	34
Chapter 5: Untangle My Secrets	44
Chapter 6: Wipe Away My Tears	55
Chapter 7: Heal My Wounds	65
Chapter 8: Set Me Free	76
Chapter 9: Open My Heart to Love	86
Conclusion	98
Notes	101
Additional Resources	105