

c o n t e n t s

---

Foreword by Pat Gohn xi

- Introduction **From Badass to Blessed** xv  
Surrounding Myself with Extraordinary  
Women Who Inspire Me
- Chapter 1 **Audacious Sisters  
Who Acted Fearlessly** 1  
Sr. Blandina Segale and St. Teresa of Avila
- Chapter 2 **Courageous Soldiers  
Who Fought Real, Meaningful Battles** 13  
Nancy Wake and St. Joan of Arc
- Chapter 3 **Missionary Adventurers  
Who Had a Heart for the World** 23  
Edel Quinn and St. Helena
- Chapter 4 **Outspoken Advocates  
Who Challenged the Status Quo** 33  
Mother Mary Lange and St. Catherine of Siena
- Chapter 5 **Valiant Women  
Who Lived and Died to Uphold  
Human Dignity** 43  
Phyllis Bowman and St. Gianna Beretta Molla
- Chapter 6 **Selfless Saviors  
Who Did What Needed to Be Done** 53  
Irena Sendler and St. Christina the Astonishing
- Chapter 7 **Eloquent Images  
of Perseverance and Strength** 63  
Flannery O'Connor and St. Margaret of Antioch

Chapter 8	<b>Passionate Beauties Who Made the World a Better Place</b> 73 Audrey Hepburn and St. Rose of Lima
Chapter 9	<b>Compassionate Souls Who Helped the Hopeless and Suffering</b> 83 Dorothea Lange and Bl. Rosalie Rendu
Chapter 10	<b>Resolute Seekers of Peace and Reconciliation</b> 93 Immaculée Ilibagiza and St. Rita of Cascia
Chapter 11	<b>Authentic Icons of Friendship and Community</b> 103 Mother Antonia Brenner and St. Bibiana
Conclusion	<b>From Badass to Blessed</b> 113 Virtuous Women Everywhere and the Blessed Virgin Mary
Acknowledgments	123
Six-Week Study Guide	125
Resources	133