## CONTENTS

Introduction		vii
1.	<b>Surrender:</b> Blessed Are the Poor in Spirit	1
2.	<b>Heartbreak:</b> Blessed Are They Who Mourn	15
3.	Confidence: Blessed Are the Meek	29
4.	<b>Longing:</b> Blessed Are They Who Hunger and Thirst for Righteousness	43
5.	<b>Solidarity:</b> Blessed Are the Merciful	57
6.	Authenticity: Blessed Are the Pure of Heart	69
7.	<b>Liberation:</b> Blessed Are the Peacemakers	83
8.	<b>Witness:</b> Blessed Are You When They Insult and Persecute You	99
Conclusion: On the Way to Blessedness		112