

# CONTENTS

Acknowledgments .....	ix
Introduction .....	xi
<b>PART I: MY HEART: REFLECTION, GRATITUDE, HEALING</b>	
Day 1: He Loves Us First .....	3
Day 2: My Heart Is Made for Love .....	13
Day 3: Broken Hearts .....	29
Pause for Heart Check .....	43
<b>PART II: HIS HEART: CENTERED IN CHRIST</b>	
Day 4: His Heart, Divine and Human .....	47
Day 5: His Heart Calls to My Heart .....	59
Day 6: His Body and Blood, Mingled with Mine .....	75
Pause for Heart Check .....	91
<b>PART III: ALL HEARTS: ON MISSION WITH HIM</b>	
Day 7: Offering My Heart to His Heart .....	95
Day 8: The Heart of the Mission .....	113
Day 9: United with Christ, Loving and Serving All Hearts ....	127
Conclusion: The Sacred Heart Beat—Call, Send, Repeat .....	139
Appendix: Prayers .....	145
Notes .....	155