



Secrets of the **SACRED HEART** **THE FIRST FRIDAY TRACKER**

Claim the Great Promise in Your Life:

"I promise you, in the excessive mercy of my Heart that my all-powerful love will grant to all those who receive Holy Communion on the first Friday for nine consecutive months, the grace of final repentance; they shall not die in my disgrace nor without receiving the sacraments; my divine Heart shall be their safe refuge in that last moment."

—from Jesus to St. Margaret Mary

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