



The Grace of Enough
*Pursuing Less and Living More
in a Throwaway Culture*
By Haley Stewart
ISBN: 978-1-59471-817-5
192 pages • \$16.95
Also available as an eBook.

“The collective conscious of our culture is desperately crying out for this message. Haley Stewart shows how to practically and bravely embrace the profound simplicity of living the Gospel of Jesus Christ. Stewart’s book connects with our longings for living the simple but abundant joy of Christ.”

Leah Darrow
International Catholic speaker
and author of
The Other Side of Beauty

BOOK ANNOUNCEMENT

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A Ministry of the United States Province of Holy Cross

LIVE SIMPLY, RECONNECT WITH COMMUNITY TO OVERCOME ‘THROWAWAY’ CULTURE

NOTRE DAME, Ind.—Do you ever feel caught in an endless cycle of working harder and longer to get more while enjoying life less? The Stewart family did—and they decided to make a radical change. Popular Catholic blogger and podcaster Haley Stewart explains how a year-long internship on a sustainable farm changed her family’s life for the better, allowing them to live gospel values more intentionally.

When Stewart married her bee-keeping sweetheart, Daniel, they dreamed of a life centered on home and family. But as the children arrived and Daniel was forced to work longer hours at a job he liked less and less, they dared to break free from the unending cycle of getting more yet feeling unfulfilled. They sold their Florida home and retreated to Texas to live on a farm with a compost toilet and 650 square feet of space for a family of five. Surprisingly, they found that they had never been happier.

In *The Grace of Enough*, Stewart shares essential elements of intentional Christian living that her family discovered during that extraordinary year on the farm and that they continue to practice today. You, too, will be inspired to:

- live simply
- develop a sense of wonder
- be intentional about technology
- center life around home, family, and relationships

Drawing from Pope Francis’s encyclical on the environment, *Laudato Si*, Stewart identifies elements of Catholic social teaching that will enhance your life and create a ripple effect of grace to help you overcome the effects of today’s “throwaway” culture and experience a deeper satisfaction and stronger faith.

ABOUT THE AUTHOR

Haley Stewart is a Catholic author, podcaster, and speaker. She coauthored *Feast!: Real Food, Reflections, and Simple Living for the Christian Year* with her husband, Daniel. She has contributed to *America* magazine, *Verily*, *Catholic Exchange*, *The Art of Simple*, and *Aleteia*. Stewart has appeared on CatholicTV, Relevant Radio, The Catholic Channel on SiriusXM Radio, Iowa Catholic Radio, and Real Life Radio.

