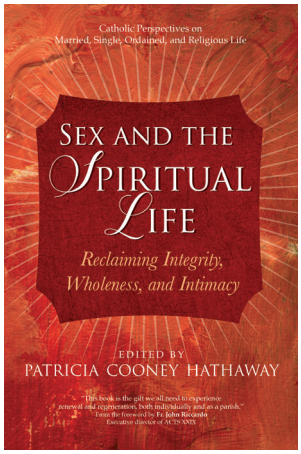
AVE

AVE MARIA PRESS



Sex and the Spiritual Life
Relcaiming Integrity, Wholeness, and Intimacy
Edited by
Patricia Cooney Hathaway
ISBN: 978-1-59471-991-2
224 pages • $18.95
Also available as an eBook.

"This timely book provides the antidote to the crisis we are living in as a Church and as a society. Anyone who desires to live their vocation with integrity and joy should read this book."

Bob Schuchts
Founder of the John Paul II Healing Center
Author of *Be Healed*

BOOK ANNOUNCEMENT

To schedule media interviews, or to request images or review copies, contact:

Stephanie A. Sibal, Senior Publicist
800.282.1865 x206 | sibal.1@nd.edu
Ave Maria Press, Inc., P.O. Box 428 Notre Dame, IN 46556
A Ministry of the United States Province of Holy Cross

GROUNDBREAKING BOOK ADRESSES SEXUAL INTEGRITY AS A WAY OF LIFE

NOTRE DAME, Ind.—To anyone who has struggled to align their sexual desires with the call to be holy, sexuality and spirituality may seem to be in opposition. But they don't have to be.

Sex and the Spiritual Life will help you understand that you can experience fulfillment through sexual integrity—a way of life that affirms the presence of God and the sacred in our sexual feelings and expressions. You'll hear from a selection of Catholic men and women—married, clergy, religious, and single—whose stories will inspire and equip you to reclaim the joy and wholeness of sexual integrity.

Addressing sexuality across a wide range of vocations, challenges, and experiences, each contributor to *Sex and the Spiritual Life* reflects upon living out the Church's teachings about human sexuality with integrity as a means to achieving spiritual maturity. Contributors include Patricia Cooney Hathaway, Timothy P. O'Malley, Deacon James Keating, Susan Muto, Eve Tushnet, Fr. John Riccardo, and Sr. Sarah Fairbanks, O.P., as well as clinical specialists in addictions and marriage and family life.

In this groundbreaking book, you will find insights into

- the relationship between sexual integrity and spiritual growth;
- how the wounds of sexual abuse and addiction can be healed;
- the link between sexual and spiritual intimacy in marriage;
- how young adults can receive the formation they need to discover their vocations, navigate the complexities of being single, and live in community;
- how spiritual friendship informs faithful living within the homosexual community; and
- the role of sexual desire in the lives of clergy and religious.

This is a much-needed book for thoughtful Catholics to help them reclaim sexuality as a positive, joyful component of the human experience and to present a path of healing and hope for those who need to chart a new course.

ABOUT THE EDITOR

Patricia Cooney Hathaway is a professor of spirituality and systematic theology and the chairperson of the licentiate in sacred theology degree committee at Sacred Heart Major Seminary, where she has worked since 1987. She is the author of the award-winning book *Weaving Faith and Experience*. She also serves as the associate editor of *Human Development Magazine*.