



Bless Us, O Lord
A Family Treasury of Mealtime Prayers
By Robert M. Hamma
ISBN: 978-1-59471-981-3
224 pages • \$17.95
Also available as an eBook.

*"I love this
practical
prayer book
for families."*

Jared Dees
Founder of The Religion Teacher
Author of *Christ in the Classroom*

BOOK ANNOUNCEMENT

To schedule media interviews, or to request images or review copies, contact:

Stephanie A. Sibal, Senior Publicist
800.282.1865 x206 | sibal.1@nd.edu
Ave Maria Press, Inc., P.O. Box 428 Notre Dame, IN 46556
A Ministry of the United States Province of Holy Cross

PRAY AS A FAMILY DAILY WITH A NEW TREASURY OF MEALTIME PRAYERS

NOTRE DAME, Ind.—*Bless Us, O Lord* belongs on the shelf of every Catholic family that wants to pray together daily. You can introduce children to original and traditional blessings, the lives of the saints, the rhythm of the Church year, and the practice of daily prayer in a way that is both appealing to them and a means to unite your whole family.

Praying together at the table helps families recognize the presence of Jesus in their midst and make connections between their meal and the celebration of the Eucharist.

Author Robert M. Hamma brings his warm and gentle spirit to original prayers, which he combines with traditional blessings to offer an open-and-go resource for parents and caregivers. He provides the perfect words for every occasion—from observing saint feast days and liturgical seasons to celebrating a child's birthday and remembering the life of a loved one. *Bless Us, O Lord* will help you with fresh ideas and tools for living the liturgy in your home and nourishing the souls of your children with stories of the saints, including prayers for

- days of the week;
- Advent, Christmas, Lent, Holy Week, and Easter;
- saints' feast days and holy days;
- national and cultural holidays; and
- special family celebrations to mark birthdays, anniversaries, and special achievements.

ABOUT THE AUTHOR

Robert M. Hamma is the author of nine books and numerous articles on spirituality and family life. He retired in 2016 as vice president and editorial director at Ave Maria Press. Hamma earned a master's degree in theology from the University of Notre Dame and a master of divinity degree from Immaculate Conception Seminary. He previously worked in parish ministry and as an editor at Paulist Press. He and his wife, Kathryn Schneider, have three grown children and live in Granger, Indiana.

